

THE NAUTILUS

BEACH & OCEAN HOUSES
MALDIVES



FOR IMMEDIATE RELEASE

REDISCOVER ALL FORMS OF LOVE AT THE NAUTILUS MALDIVES THIS VALENTINE'S DAY 2025

Maldives, 14th November 2024 – In 2025, The Nautilus Maldives, an award-winning ultra-luxury private island hideaway, invites guests to celebrate Valentine's Day as a sanctuary for the soul. This February's celebration transcends the boundaries of traditional romantic love, guiding guests on a transformative journey of self-love and personal well-being. At The Nautilus, amidst untouched beauty and profound serenity, love is reimagined as a connection that begins within, laying the foundation for relationships to flourish in depth and meaning.

A Journey of Inner Love

This Valentine's Day, The Nautilus, invites guests to experience the essence of love, beginning with self-love. Solasta Spa's exclusive Valentine's offerings are thoughtfully crafted to foster moments of self-discovery, renewal, and reconnection, both with oneself and with loved ones. "The most important relationship we have is the one we have with ourselves," says New York-based holistic psychotherapist and life coach, Lucía Garcia-Giurgiu. Embracing this philosophy, The Nautilus encourages guests to delve into personal passions and dedicate time to activities that inspire, whether shared with a partner or savoured solo.

For those embarking on a personal journey, the Aromatherapy Journey provides a sensory escape that enhances physical and mental well-being, while the Four-Hand Synchronised Massage, performed by two therapists in perfect harmony, offers a profoundly restorative experience. Couples can partake in a Self-Care Masterclass, where Solasta Spa's skilled therapists guide them in learning gentle massage techniques to share with each other. Each couple receives a curated self-care kit—including essential oils, massage oil, and a soothing scrub—enabling them to continue their wellness journey together, extending these nurturing practices into their everyday lives.

Among the specially designed Valentine's experiences is a Synchronised Yoga session, where a skilled instructor guides couples through gentle, partner-based poses, fostering physical closeness and trust. Alternatively, guests can join a guided meditation focused on gratitude and presence, featuring synchronised breathing exercises to deepen connection, followed by the calming resonance of Tibetan singing bowls.



For those seeking creative exploration, private art workshops allow guests to connect through the joy of creativity and artistic expression. Nature lovers may find tranquillity on a guided barefoot walking meditation, connecting with the island's pristine landscapes in an experience that brings both grounding and serenity.

Through these curated offerings, Solasta Spa creates a space where mutual respect and appreciation flourish, celebrating each partner's individuality and the unique qualities they bring to the relationship. By honouring these differences as strengths that enhance their bond, couples can deepen their connection, cultivate appreciation, and nurture a love that grows from within.

Culinary Journeys that Honour Love

As twilight envelops The Nautilus, couples are invited to embark on a romantic journey that rekindles connection and shared joy. Experience a Secluded Sandbank Journey, where a private sunset cocktail and the gentle serenade of a singer create a magical setting for a five-course dinner under the stars. Toast with champagne and awake to a floating breakfast at sunrise—a serene, intimate moment as the new day unfolds.

For those drawn to beachside elegance, a Gourmet Dinner at Thyme Beach offers a five-course menu paired with champagne, creating a memory to treasure, followed by breakfast in the comfort of your house or residence the next morning. Meanwhile, the Champagne Dinner at Zeytoun brings Mediterranean-inspired cuisine to an enchanting oceanside setting, with bespoke turndown touches to close the evening. Each dining experience at The Nautilus celebrates the art of connection, blending culinary elegance with moments of rediscovered love, creating memories to cherish long after twilight fades.

Whether you're seeking a retreat to reconnect with yourself or a sanctuary to rediscover love with your partner, The Nautilus offers an experience that transcends the ordinary. Here, each moment is thoughtfully crafted to honour both individuality and connection, inviting you to continue 2025 with a sense of renewed connection and meaning. At The Nautilus every experience is designed to be as unique as your love story, creating memories to carry with you for the rest of the year and beyond.

To get inspired and learn more about the 2025 Valentine's Day packages and programme at The Nautilus, visit <https://www.thenautilusmaldives.com/rediscover-every-form-of-love>. Or get in touch to start crafting your ultimate romantic getaway via hello@thenautilusmaldives.com. High-resolution photos can be downloaded [here](#).

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ABOUT THE NAUTILUS MALDIVES

Located in the Baa Atoll – a UNESCO World Biosphere Reserve – and surrounded by the natural beauty of Hanifaru Bay, The Nautilus is an ultra-luxe bohemian hideaway in the Maldives, boasting just 26 beach and ocean houses and residences. The private island resort provides guests with the freedom to create the holiday they desire. Each house and residence benefits from a full butler service with a dedicated House Master, taking bespoke luxury to a new level and catering to each guest's individual needs in creating a programme of unique



experiences. A huge selection of activities for all ages ranges from bespoke culinary adventures to underwater adventures and private yacht cruises. The resort features three restaurants and two bars, as well as the Solasta Spa that provides bespoke wellness programmes; a range of treatments; and yoga, fitness and meditation classes.

Created by a Maldivian hospitality visionary who was instrumental in developing numerous award-winning resorts, The Nautilus is the benchmark for ultra-luxury, not just in the Maldives but worldwide. His legacy is carried forward through the bohemian philosophy of the island by the next generation of the family.

The Nautilus was named Best Resort in the Indian Ocean in *Condé Nast Traveler's* Readers' Choice Awards 2020 and amongst the top three Best Resorts in the World. It was also listed in *Condé Nast Traveler's* highly prestigious The Gold List 2021 and *Condé Nast Traveler Middle East's* The Gold List 2021 and recognised as Best Private Island Retreat in *Tatler's Travel Awards* 2021. The Nautilus Maldives was named by *Condé Nast Traveler's* 2022 Readers' Choice Awards as one of the top resorts in the Indian Ocean and has also been recognised by *TripAdvisor* as one of the top 10% of hotels worldwide in the 2023 Travelers' Choice awards. The Nautilus Retreat was listed among the Maldives' Most Outrageous villas by *Travel+Leisure* Luxury Awards Asia Pacific 2024. Most recently, The Nautilus Maldives was recognised among the top 5 Resorts in the Indian Ocean by *Condé Nast Traveler's* 2024 Readers' Choice Awards.

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