

PRESS RELEASE: SOLASTA SPA – MAKING TIME STAND STILL

The Maldives, 23 April 2019: The spa at The Nautilus Maldives – called ‘Solasta’ meaning ‘radiant and bright’ – is dedicated to transformative moments, founded on the island’s guiding concept of ‘time stands still’.

At Solasta, which welcomes its guests 24-hours a day, guests are encouraged to come for treatment when they wish and stay for as long as they need, with the standout treatment being an immersive, bespoke spa sequence designed for each guest by the spa specialist which can last for as long as wished. For the unsure spa-goer, a selection of three-hour spa journeys, each designed for effectiveness at particular times of the day is a perfect starting point. These are ‘Dawn of the Senses’ for early morning energising; ‘Your Song’ for an afternoon refresh; and ‘Quiet Calm’ for evening relaxation.

Of course it’s still possible to book a simple massage or therapy at any time of day or night from over 36 different treatments. Alongside a full range of ‘classic’ massages, visitors will also find more uncommon offerings such as a volcanic stone healing massage; a ‘blue diamond’ facial; and ‘flower of guerande’ body wrap.

Set on stilts over a lagoon, the spa’s three over-water treatment pavilions all have glass floors, a steam-sauna and private changing room, while treatments use an alchemy of thoughtfully-sourced, effective, sustainable products from France and Hungary with local coconut oils, fruits and plants enhancing the experience. Therapeutic pre- and post-treatment bathing experiences take place in the spa pavilions’ outdoor decks under azure skies and above turquoise waters.

The timeless manifesto of Solasta Spa is encapsulated in the opening pages of its brochure: *Time is a travelling companion. It hastens with us, and slows when we let it. Each moment is subtly transformative, creating memories and adding to our personal blueprint. Solasta Spa is dedicated to these moments – to stillness, the release of tension, the childlike liberation of unfettered movement. A moment to catch your breath; another to expel it. To defiantly dispel fatigue, or wholeheartedly embrace it. To revel in the freedom of a quiet mind. Spa treatments are like alchemy for the soul – transforming earthbound elements into sublime experiences.*

Treatment focus is on natural healing, enhanced by organic products by Maison Caulières from France and Omorovicza from Hungary, which are exclusive to Solasta in the Maldives and were chosen for their natural yet efficacious ingredients. Maison Caulières is made with natural plants, herbs and virgin oils from the Loire Valley, in the heart of the gardens of France with treatments inspired by the elements of nature and expressed through the four seasons. Omorovicza is based on Budapest’s thermal mineral waters; a ‘magical phenomenon’ from a medieval healing spring famous for its curative properties.

Opened in February 2019 and with only 26 beach and ocean houses on a tiny coral reef-encircled island, The Nautilus Maldives is a bohemian hideaway located in Baa Atoll, a UNESCO biosphere reserve. Here, a kaleidoscopic wonderland of incredible marine life awaits discovery: trips to world-renowned Hanifaru Bay to swim amongst manta rays; diving on iridescent coral reefs; exploring remote sandbanks and deserted islands or just cruising the ocean on a custom-built yacht are among the many adventures guests can

look forward to.

The Nautilus was created to express the best that luxury can be – not just in the Maldives, but worldwide. With its philosophy “a world of your own making”, this is a celebration of the individual spirit, liberation and freedom unconditional. A place where guests are encouraged to be themselves and shape their own personal journey. And, most of all, to celebrate the people they’re with, in any way they choose. Because in the end, it’s these simple, elemental pleasures – that ability to simply be – that form the greatest luxury of all.

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